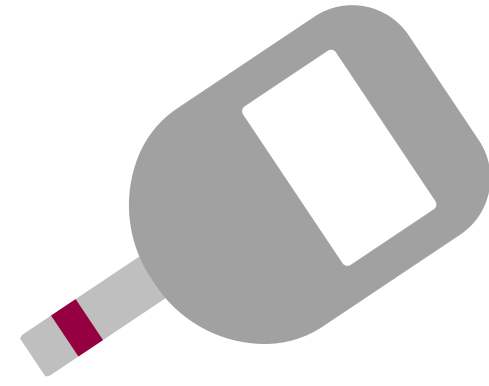


What increases the risk of cardiovascular diseases for those with diabetes?



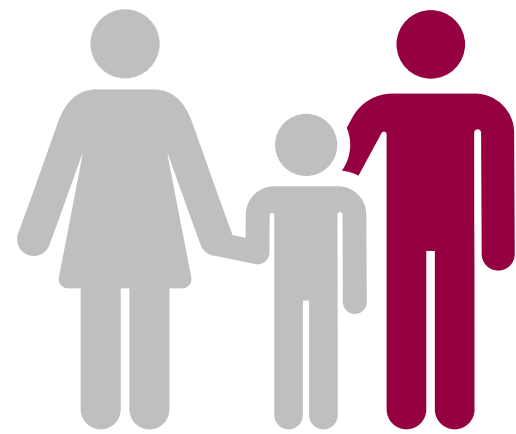
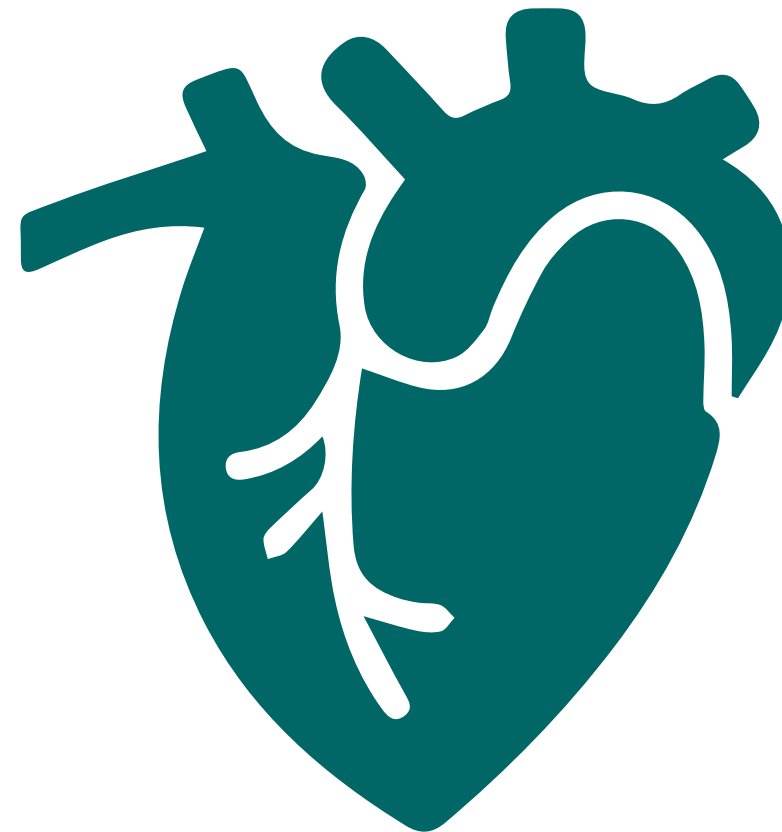
High blood pressure



High blood sugar levels



Disorders of the fat metabolism and high cholesterol levels

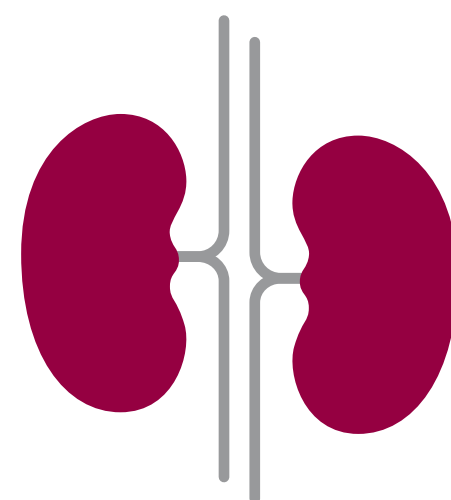


Predispositions inherited from **family members** with cardiovascular diseases



An unhealthy lifestyle:

- Smoking
- Unhealthy diet
- Lack of physical activity
- Obesity
- Alcohol



Kidney disease